

## **HERBAL OR NATURAL MEDICINAL PRODUCTS**

1. Riders, trainers, grooms and veterinarians are cautioned against the use of herbal medications, tonics, oral pastes and products of any kind, the ingredients and quantitative analysis of which are not known in detail. Many of these products can contain one or more prohibited substances.
2. Persons administering a herbal or so-called natural product to a horse or pony for health reasons or to affect its performance, having been informed that the plant origin of its ingredients do not violate the FEI regulations, may have been misinformed.
3. The use of any herbal or natural product to affect the performance of a horse or pony in a calming (tranquillising) manner or an energising (stimulant) manner is expressly forbidden by the FEI regulations. The use of a calming product during competition may also have important safety consequences.
4. The FEI does not test or approve herbal or natural products to verify a possible violation of the FEI rules and regulations. Therefore a claim that the product does not violate the FEI rules or is undetectable by drug testing is the sole responsibility of the manufacturer or individual making such a claim.
5. The use of a herbal or natural product may result in a positive test result, contrary to the claim by the manufacturer or marketing agent. Many prohibited substances (e.g. salicylates, digitalis, reserpine) have their origin in plants and may be regarded as serious rule violations.
6. As the analytical techniques in the testing laboratory become more refined, the fact that these products have not been detected by testing in the past does not hold any guarantee for their safe use in competition.